

Sixth Grade Session 9: How to Pray the Rosary

Opening Prayer:

Dear Lord,

Thank you for the gift of the Rosary, that we have a way to pray through and with your mother, Mary. Please open our hearts and minds today as we study the Rosary.

Amen

Opening Questions and Thoughts

- Do you have a Rosary?
- Do you have a special Rosary (special look, or special meaning)?
- Have you ever seen different types of Rosaries, such a ring, or bracelet or keychain?
- Have you ever prayed the Rosary? When and where have you prayed it?

Reviewing the Parts of the Rosary

Read the opening paragraph on page 132 of the Encounter Workbook. The Rosary.

Using the Diagram on Page 133 and the Diagram on the How to Pray the Rosary worksheet that we have included, along with the Instructions on Pages 132 and 133, read about the different parts of the Rosary and which prayers are said for each one

- The Cross (sign of the Cross, Apostles Creed)
- The first bead (Our Father)
- The 2nd – 4th beads (Hail Mary)
- The 5th bead (Glory Be and optional Fatima Prayer, First Mystery Announced, Our Father)
- 5 sets of decade beads (Hail Mary)
- The single beads in between the decades (Glory Be and next Mystery Announced, Our Father)
- After the 5th Mystery, pray the Hail Holy Queen on the Rosary Center Piece - this may be Bead 5 for some Rosaries, such as the one shown in the Workbook, or a small Charm as shown on the How to Pray the Rosary Worksheet (Glory Be, Hail Holy Queen)
- Conclude with the Rosary Prayer and make the Sign of the Cross.

Math Quiz!

How many times do you say each of these prayers when praying the Rosary?

- Our Father (6)
- Hail Mary (53)
- Glory Be (6)
- Apostles Creed (1)

What are the Mysteries?

The Mysteries of the Rosary are designed to help focus our prayer on the life, ministry, and Passion of Jesus. They are a sort of short overview of the Gospels.

There are four rosary mysteries (Joyful, Sorrowful, Glorious, Luminous) and five parts of each mystery which correspond to the five decades of the rosary.

The Joyful Mysteries focus on the joyful events related to the Incarnation of Jesus.

The Sorrowful Mysteries focus on the sorrowful events related to the Passion and Death of Jesus.

The Glorious Mysteries focus on the glorious events related to the Resurrection and the reigning of Christ in heaven with Our Lady, Mary.

The Luminous Mysteries or mysteries of light that focus on the life and ministry of Jesus.

Many people use the day of the week to determine which set of Mysteries they will focus on when praying the Rosary.

Meditating on the life of Jesus with the prayers of the Rosary—through the intercession of the Blessed Virgin Mary—is a way of growing in faith and in your understanding of the faith, deepening your relationship with Jesus, increasing in holiness and virtue, and avoiding sin.

Make sure to complete the Mysteries of the Rosary Handout and Word Search! You will need to scroll down to get them!